



## The Sherpa Executive Coaching Process

**SHERPA COACHING IS** unique in the world of executive coaching. First, it is a **defined process** with a track to run on, principles, and tools. Second, Sherpa coaches are trained and certified in partnership with business schools of major universities (TCU in my case). Third, in the all-important category of **results**. The Sherpa process enables clients to become even more successful through gaining greater self-awareness and the ability to make *lasting* behavior changes, becoming better **leaders** toward high performance.

I received my certification in early 2008 and have worked with hundreds of individuals in the years since. In 2014 I was honored to be named the 7<sup>th</sup> Master Sherpa Coach for having demonstrated mastery of the method. Fewer than one in a hundred Sherpas worldwide are so honored and recognized.

The Sherpa Coaching Process leads you through self-examination and personal development, building your leadership skills and improving your effectiveness. While it is a defined process, it is very individual in application, morphing to meet the needs of each client, their specific challenges, and goals.

The formal process involves meeting weekly for 12 one-hour sessions. These can be face-to-face or remotely by video or phone. Normally, the client's Executive Contact (direct superior) will join us for ½ hour meetings at the beginning and end of the process to add his or her input (a third meeting in the middle also, if desired).

Besides the Sherpa Coaching process, I also bring my 35 years of experience as a successful leader and developer of leaders. Wherever helpful, I contribute my own tools and applications to add fulness and richness to the coaching process, including my book, *BETTER: The Fundamentals of Leadership*.



### Why "Sherpa" Coaching?

The Sherpa Executive Coaching process is inspired by the Sherpas of the Himalayas. These are natives of the high altitudes who assist ambitious men and women who want to climb the highest mountains in the world.

Accustomed to the climate and thoroughly familiar with the mountains, these essential guides and partners help climbers achieve their goals.

In the same way, Sherpa Coaches are thoroughly familiar with the conditions, challenges, and pitfalls that leaders and individual contributors face in the world of business and organizations.

Just as Sherpas do not order anyone to climb a mountain, Sherpa coaches do not force people to do things against their will. They help talented and intelligent performers *identify* and *achieve* their self-selected goals.

The Sherpa Coaching process is an adventure in self-discovery, professional improvement, and personal growth. Though a defined process, each client's path is a unique, individualized journey to tangible results.

Thank you for your interest! Feel free to contact me if you have any questions.

Tim Stevenson